



Half yearly Newsletter

for the period from July 2023 to December 2023



- Praful Chandawarkar-



- Suraj Repe-

Joint note from Board members:

We are glad to inform, we are helping our 3 Implementing partners Prayas, CIMS and Nag Foundation. It gives us great pleasure to announce that in the last six months we have financially supported to 5 underprivileged patients who approached us. We initiated Voluntary activities at CIMS Vishranti Hospital once a month where crew members from Malaka Spice and LLLLCF volunteers and spends some valuable time with the Cancer patients. We are donating 40K every month to Nag foundation. We donated 2 lacs to Prayas in the month of July 2023.

CIMS treated 12 patients suffering from Breast cancer, Endometriod Endometrial Ca. and Hodgkin's Lymphoma cancer and includes 2 kids suffering from Ca Chondroblastic Osteosarcoma, Hodgkins Lymphoma in last six months.

Palliative Care by Nag Foundation is supported by LLLLCF. Dr Ramdasi has been the Palliative Care Consultant at Sahyadri Hospital Hadapsar for Nag Foundation. From June to December he has seen 103 new patients and has followed up with 158 patients. The Best of MASCC (Multinational Association of Supportive Care in Cancer) conference was co-organized by IASCC and Nag Foundation. Nag Foundation has supported the radiation machine at Surya Sahyadri Hospital. At Surya Hospital unaffording cancer patients are treated free under the Mahatma Phule scheme. The much needed Survivorship program has been well received and has helped the patients and caregivers.

We are in deep gratitude towards all our donors, who have come forward to generously donate for the treatment of Cancer.

Volunteer activities at CIMS Vishranti Hospital



CIMS (Care India Medical Society)

REPORT ON CHEMO PATIENTS (BENEFICIARIES) MONTH OF July – Dec 2023

1. Ms. Archana Tiwari



Age : 48 years

Diagnosis : Ca Breast

She is a housewife having three daughters. She stays in a slum area and belongs to a lower middle income group. Her husband works as a auto driver and earns his living and is looking after her treatment. She has been diagnosed with Ca Breast and advised Chemotherapy. She has a good prognosis.

Contact No. : 9158828062 / 7198228163

2. Ms. Gitali Kadam



Age : 22 years

Diagnosis: Ca Ovary

She is a young patient. She lives in a non approved slum area and belongs to a lower income locality. Her father works as a security guard and he supports the house. She has been diagnosed with Ca Ovary and is undergoing treatment of Chemotherapy. She has been advised Chemotherapy. If given proper treatment her quality of life may be improved. Her prognosis is good.

Contact No. : 9623401837 / 7821904314

3 . Ms. Rehab Shaikh



Age : 33 years

She is patient suffering from Ca Breast. She has two sons. She lives in a non approved slum area and belongs to a lower middle economic group. Her husband works as a teacher and supports her treatment. She has been diagnosed with Ca Breast and is undergoing treatment of chemotherapy. She has good prognosis. If given proper treatment her quality of life will be improved.

Contact No. : 7738491256 / 9890084022

4. Ms. Hetal Vaghel



Age :15 years

Diagnosis : Ca Urethra

She is a child patient suffering from Ca Urethra. She lives in a slum area and belongs to a lower socio economic group. Her father works as a labourer and looks after her treatment. She has been diagnosed with Ca Urethra and has to undergo chemotherapy. She is in need of financial help for her treatment. If given proper treatment her quality of life may be improved. Her prognosis is good.

Contact No. 9766070128

5. Ms. Sujata Deshmukh



Age : 42 years

Diagnosis : Adenocarcinoma of Appendix

She is patient suffering from Adenocarcinoma of Appendix. She has one son. She lives in a village and belongs to a lower middle economic group. Her husband works and supports the house. She has been diagnosed with Cancer and is undergoing treatment of chemotherapy. She has good prognosis. If given proper treatment her quality of life will be improved.

Contact No. : 7020986337 / 7756869429

6. Ms. Yogita Sakpal



Age : 34 years

Diagnosis: Ca Breast

She is a patient suffering from Ca Breast. She has two sons. She lives in a non approved slum area and belongs to a lower income group. Her husband is a car driver who works and supports the house. She has to undergo Chemotherapy. Her prognosis is good and her quality of life can be improved if given proper treatment.

Contact No. : 9284974424 / 9325691531

7. 1Ms. Rajani Ingure



Age : 55 years

Diagnosis : Ca Breast

She is a housewife having three sons. She belongs to a lower middle income group. Her son works as a shop attendant and earns his living and is looking after her treatment. She has been diagnosed with Ca Breast and advised Chemotherapy. She has a good prognosis.

Contact No. : 9922566542

8 Ms. Ujwala Choughule



Age : 47 years

Diagnosis: Ca Breast

She is a young patient. She lives in a non approved slum area and belongs to a lower income locality. She herself works as a sweeper and supports the house. She has been diagnosed with Ca Breast. She has been advised Chemotherapy. If given proper treatment her quality of life may be improved. Her prognosis is good.

Contact No. : 8605899505

9. Ms. Ruchika Waall



Age : 30 years

Diagnosis : Ca Lungs

She is young patient suffering from Ca Lungs. She lives in a non approved slum area and belongs to a lower middle economic group. She herself works and supports her treatment. She has been diagnosed with Ca Lungs and is undergoing treatment of chemotherapy. She has good prognosis. If given proper treatment her quality of life will be improved

Contact No. : 9822787089 / 8796302988

10 Ms. Rajma Mulla



Age :56 years

Diagnosis: Ca Breast

She is a patient suffering from Ca Breast. She belongs to a lower socio economic group. Her son works as a trainer and looks after her treatment. She has been diagnosed with Ca Breast and has to undergo chemotherapy. If given proper treatment her quality of life may be improved. Her prognosis is good.

Contact No. 8668516593 / 8446394045

11. Mr. Shital Borkar



Age :31 years

Diagnosis : Hodgkins Lymphoma

She is patient suffering from Hodgkins Lymphoma. She has one son. She lives in a non approved slum and belongs to a lower middle economic group. Her husband works as a farmer and supports the house. She has been diagnosed with cancer and is undergoing treatment of chemotherapy. She has good prognosis. If given proper treatment her quality of life will be improved.

Contact No. : 9850200775 / 9096813276

12 Ms. Parvatibai Panchal



Age : 47 years

Diagnosis: Ca Ovary

She is a patient suffering from Ca Ovary. She has two sons and one daughter. She belongs to a lower income group. Her son works as shop attendant and supports the house. She has to undergo Chemotherapy. Her prognosis is good and her quality of life can be improved if given proper treatment.

Contact No. : 9607264447 / 7709945963

Prayas - Highlights for July 2023 to Sept 2023

Prayas: cervical cancer screening

Live Life Love Life Charity Foundation has been supporting cervical cancer screening project at Prayas. Although preventable, cervical cancer is the second most common cancer amongst Indian women and it kills about one woman every 8 minutes in India. Prayas's team has been conducting free cervical cancer screening camps in the community and free treatment of cervical pre-cancer since the last 10 years.

Cervical cancer screening

During July 2023 to Sept 2023, the team has conducted 24 camps in the community. After counselling and a written informed consent, a total of 1025 women provided HPV self-sample for cervical cancer screening. HPV self-sampling offers an additional option to improve cervical cancer screening coverage. The HPV test was provided free of cost to Prayas by I-Share Foundation/ Genepath Dx, Pune. HPV positive women were called to Prayas for further investigations such as colposcopy, biopsy and ablative or excisional treatment when needed. Between July to Sept 23, a total of 3 HPV positive women have been treated with ablation treatment and 26 women were treated with LLETZ.





RESEARCH ARTICLE

Editorial Process: Submission:09/09/2020 Acceptance:02/19/2021

Mobile Screening Unit (MSU) for the Implementation of the 'Screen and Treat' Programme for Cervical Cancer Prevention In Pune, India

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Abstract

Objectives: We are reporting the evaluation of an opportunistic point of care cervical cancer screening initiative in Pune, India using a mobile screening unit (MSU). **Methods:** We conducted 290 cervical cancer screening outreach clinics in the MSU. Screening was performed by trained nurses/ health care providers using visual inspection with 5% acetic acid (VIA). Screen positive women when eligible were treated by thermal ablation during the same sitting. Women with large lesions not eligible for treatment with thermal ablation were referred for colposcopy and treatment. **Results:** A total of 10,925 women were screened between Nov 2016 and June 2019 in 290 outreach clinics in the MSU. The overall screen positivity was 6.6% (95% CI 6.1, 7.0) with a declining trend over time. A total of 304/717 (42.4%, 95% CI 38.7, 46.1) women received treatment with thermal ablation. About 3.6% (11/304) reported minor side effects and 1.6% (5/304) reported lower abdominal pain and all of them subsided after treatment. Among the 413 women who were advised colposcopy, only 84 (20.33%) women underwent the procedure. Of these 84 women, 64 (76.19%) had normal colposcopy/ histopathology, 7 (8.33%) had CIN1, 2 (2.38%) had CIN 2, 9 (10.71%) had CIN 3 disease and 2 (2.38%) women were diagnosed with invasive cancer. **Conclusion:** MSUs are useful for providing cervical cancer screening services, using the 'screen and treat' strategy. Thermal ablation is safe in the field clinics. Additional efforts are needed to improve the compliance for referral of those with large lesions requiring additional visits.

Keywords: Mobile screening unit- cervical cancer- screening- thermal ablation

**Prayas, Amrita Clinic, Karve Road, Deccan Gymkhana,
Pune - 411 004, India**



Email: preventcervicalcancer@gmail.com, Website: <http://www.prayaspune.org>

Education and awareness



Mobile screening unit with facility for screening and thermal ablation



**Clinic at Prayas:
colposcopy, biopsy,
ablative or excisional
treatment and HPV
vaccination**

Screened > 15,000 women in the mobile unit

Research study: One of the largest cohorts of women living with HIV (n=1153) followed for 10 yrs

Screened over 1200 women living with HIV (Ca cx screening as a standard of care for women living with HIV)

Publications:

Joshi S, Sankaranarayanan R, Muwonge R, et al. *AIDS*. 2013 Feb 20;27(4):607-15. doi: 10.1097/QAD.0b013e32835b1041.

Joshi S, Babu JM, Jayalakshmi D, et al. *Vaccine*. 2014 Jan 4. pii: S0264-410X(13)01803-3. doi: 10.1016/j.vaccine.2013.12.060.

Joshi S, Kulkarni V, Darak T, et al. *Int J Womens Health*. 2015 May 4;7:477-83. doi: 10.2147/IJWH.S80624. eCollection 2015.

Joshi S, Kulkarni V, Gangakhedkar R, Sankaranarayanan R. *Indian J Med Res*. 2015 Nov;142(5):610-3. doi: 10.4103/0971-5916.171292.

Joshi S, Muwonge R, Kulkarni V, et al. *Int J Cancer*. 2018 Aug 22. doi: 10.1002/ijc.31826.

Programme leaders: Dr Smita Joshi, Dr Vinay Kulkarni, Dr Sanjeevani Kulkarni. We thank IARC (WHO) for the technical guidance. We sincerely thank all our donors and supporters.

Palliative Care by Nag Foundation supported by LLLL

Dr Ramdasi has been the Palliative Care Consultant at Sahyadri Hospital Hadapsar for Nag Foundation.

He consults with Cancer patients undergoing various treatments like chemotherapy, radiation and surgery. From June to December he has seen 103 new patients and has followed up with 158 patients .

Dr Ramdasi takes rounds in wards and sees patients on curative and palliative chemotherapy and other patients requiring any palliative advice. He discusses the psychological, social and even spiritual aspects with patients and family members . Discusses ways to face present challenges and conditions with patients and family members.

Patients and family members interested in spiritual aspects like prayer, meditation and other spiritual aspects are advised accordingly. Simple breathing exercises are also advised. Pain management of all the patients requiring it, is done.

He helps caregivers to understand and adjust to patients' needs, physical and psychological.

Survivorship programs are available for both patient and caregivers at the hospitals, (Sahyadri Superspeciality Hospitals at Hadpasar, Deccan and Shastrinagar) and Surya Sahyadri Hospital, Kasba Peth which the foundation is associated with. The much needed Survivorship program has been well received and has helped the patients and caregivers.

Palliative care is specialized medical care for people living with a serious illness, such as cancer, it also helps patients cope with side effects of cancer. Nag Foundation has initiated Palliative Care Services, supported by Live Life Love Life Charity Foundation



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Website Link : <https://lllcf.org/>

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We are obliged!

Live Life Love Life Charity Foundation Team expresses gratitude to you for your support and donations.