

# Half yearly Newsletter

for the period from Jan 2023 to June 2023



- Praful Chandawarkar-



- Suraj Repe-

## **Joint note from Board members:**

We are glad to inform, we are helping our 3 Implementing partners Prayas, CIMS and Nag Foundation. It gives us great pleasure to announce that in the last six months we have financially supported to 6 underprivileged patients who approached us. We initiated Voluntary activities at CIMS Vishranti Hospital once a month where crew members from Malaka Spice and LLLLCF volunteers and spends some valuable time with the Cancer patients. We are donating 40K every month to Nag foundation and 2 Lacs to Prayas towards screening and treatment of cancer patients.

Prayas team has conducted 49 camps in the community. After counselling and a written informed consent, a total of 880 women provided HPV self-sample for cervical cancer screening. Between April and June 23, a total of 22 HPV positive women have been treated with ablation treatment and 10 women were treated with LLETZ.

CIMS treated 12 patients suffering from Breast cancer, Endometriod Endometrial Ca. and Hodgkin's Lymphoma cancer and includes 2 kids suffering from Ca Chondroblastic Osteosarcoma, Hodgkins Lymphoma in last six months.

Nag foundation conducted 05 breast screening camps, Awareness Program 07 and Aid to Patient for Herceptin Vaccine, Radiation, Surgery and Chemotherapy Rs. 15,95,662. Expressive Art Therapy program for Day Care Chemo Patients is conducted regularly and helps cheer up the patients. Nag Foundation Aids with Herceptin drug and radiation for the treatment of cancer to all those patients who are under lower income group. The Best of MASCC (Multinational Association of Supportive Care in Cancer) conference was co-organized by IASCC and Nag Foundation. Nag Foundation has supported the radiation machine at Surya Sahyadri Hospital. At Surya Hospital unaffording cancer patients are treated free under the Mahatma Phule scheme. The much needed Survivorship program has been well received and has helped the patients and caregivers.

We are in deep gratitude towards all our donors, who have come forward to generously donate for the treatment of Cancer.

# Volunteer activities at CIMS Vishranti Hospital







# CIMS (Care India Medical Society)

REPORT ON CHEMO PATIENTS (BENEFICIARIES) MONTH OF Jan 2023 - June 2023

#### 1. Ms. Sangita Yelange



2. Ms. Nanda Giri



Age: 50 years

**Diagnosis: Ca Breast** 

She is a patient suffering from Ca Breast. She stays in a non approved slum area and belongs to a lower middle income group. She has two sons and her son works in a company and earns his living and is looking after her treatment. She has been diagnosed with Cancer and has been advised Chemotherapy. She has a good prognosis. If given proper treatment her quality of life may improve.

Contact No.: 9763520560 / 8888100926

Age: 57 years

**Diagnosis: Ca Breast** 

She is a housewife having three children, two sons and one daughter. She lives in a village and belongs to a lower income locality. Her husband is a Bigari worker, he earns and supports the house. She has been diagnosed with Ca Breast and is undergoing treatment of Chemotherapy. She has been advised Chemotherapy. If given proper treatment her quality of life may be improved. Her prognosis is good.

Contact No.: 9673300297 / 9604298397

### 3. Ms. Sayarabee Jamal



Age: 48 years

**Diagnosis: Ca Breast** 

She is patient suffering from Ca Breast. She has three children, one son and two daughters. She lives in a non approved slum area and belongs to a lower middle economic group. She has come to Pune for treatment. Her husband works and supports her treatment. She has been diagnosed with Ca Breast and is undergoing treatment of chemotherapy. She has good prognosis. If given proper treatment her quality of life will be improved

Contact No.: 9146018262 / 7020210454

4. Mast. Aryan Garud



Age:11 years

Diagnosis: Ca Chondroblastic Osteosarcoma

He is a very young child suffering from cancer. He lives in a village and belongs to a poor socio economic group. His father works as a car driver and looks after his treatment. He has been diagnosed with Ca Chondroblastic Osteosarcoma and has to undergo chemotherapy. He is in need of financial help for his treatment. If given proper treatment hisr quality of life may be improved. His prognosis is good.

Contact No. 7620478752 / 9890574400

#### 5. Ms. Munira Ansari



Age: 55 years

**Diagnosis: Ca Breast** 

She is housewife having 2 daughters. She is suffering from Ca Breast. She lives in a non approved slum area and belongs to a lower middle economic group. She gets

monthly alimony from which she looks after her treatment. She is undergoing treatment of chemotherapy. She has good prognosis. If given proper treatment her

quality of life will be improved.

Contact No.: 9067846491 / 8668875604

#### 6. Mast. Kunal Dhanawade



Age: 10 years

Diagnosis: Hodgkins Lymphoma

He is a very young boy suffering from Hodgkins Lymphoma. He lives in a non approved slum area and belongs to a lower income group. His father works as a security guard and supports the house. He has to undergo Chemotherapy. His prognosis is good and his quality of life can be improved if given proper treatment.

Contact No.: 7030417970 / 8788804985

#### 7. Ms. Surekha Ghodke



Age: 53 years

Diagnosis: Ca Breast

She is a patient suffering from Ca Breast. She stays in a non approved slum area and belongs to a lower middle income group. She has two children one son and one daughter and her husband works as a shop attendant and earns his living and is looking after her treatment. She has been advised Chemotherapy. She has a good prognosis. If given proper treatment her quality of life may improve.

Contact No.: 8983283634 / 8329688033

8 Ms. Shila Jadhav



Age: 53 years

**Diagnosis: Ca Breast** 

She is a housewife having two children, one son and one daughter. She lives in a non approved slum area and belongs to a lower income locality. Her son works in a company and earns and supports the house. She has been diagnosed with Ca Breast and is undergoing treatment of Chemotherapy. If given proper treatment her quality of life may be improved. Her prognosis is good.

Contact No.: 8087849735 / 9421528609

#### 9. Ms. Shabnam Sayyed



10 Ms. Jayabai Dahiphale



Age: 47 years

Diagnosis: Ca Buccal Mucosa

She is patient suffering from Ca Buccal Mucosa. She has two children, one son and one daughter. She lives in a non approved slum area and belongs to a lower middle economic group. Her son works and supports her treatment. She is undergoing treatment of chemotherapy. She has good prognosis. If given proper treatment her quality of life will be improved

Contact No.: 9763268175 / 9545315312

AAge:45 years

Diagnosis : Ca Breast

She is young patient suffering from Breast cancer. She lives in a village and belongs to a poor socio economic group. She has two children. Her husband works as a car driver and looks after her treatment. She has to undergo chemotherapy. She is in need of financial help for her treatment. If given proper treatment her quality of life may be improved. Her prognosis is good.

Contact No. 9850135122 / 9527178552

#### 11. Mr. Kamal Khutwad



12 Ms. Mangala Pahade



Age: 61 years

Diagnosis: Ca Endometrium / Cervix

She is housewife having 2 daughters and one son. She is suffering from cancer. She lives in a non approved slum area and belongs to a lower middle economic group. Her son works as a painter and looks after her treatment. She is undergoing treatment of chemotherapy. She has good prognosis. If given proper treatment her quality of life will be improved.

Contact No.: 7769046959 / 7769092423

Age: 55 years

**Diagnosis: Ca Breast** 

She is suffering from Ca Breast. She lives in a non approved slum area and belongs to a lower income group. She has two sons and one daughter. Her son works as a shop attendant and supports the house. She has to undergo Chemotherapy. Her prognosis is good and her quality of life can be improved if given proper treatment.

Contact No.: 8080438770 / 8830016018

# **Prayas - Highlights for Apr 2023 to June 2023**

**Prayas: cervical cancer screening** 

Live Life Love Life Charity Foundation has been supporting cervical cancer screening project at Prayas. Although preventable, cervical cancer is the second most common cancer amongst Indian women and it kills about one woman every 8 minutes in India. Prayas's team has been conducting free cervical cancer screening camps in the community and free treatment of cervical pre-cancer since the last 10 years.

### **Cervical cancer screening**

During April 2023 to June 2023, the team has conducted 49 camps in the community. After counselling and a written informed consent, a total of 880 women provided HPV self-sample for cervical cancer screening. HPV self-sampling offers an additional option to improve cervical cancer screening coverage. The HPV test was provided free of cost to Prayas by I-Share Foundation/ Genepath Dx, Pune. HPV positive women were called to Prayas for further investigations such as colposcopy, biopsy and ablative or excisional treatment when needed. Between April and June 23, a total of 22 HPV positive women have been treated with ablation treatment and 10 women were treated with LLETZ.









#### RESEARCH ARTICLE

Editorial Process: Submission:09/09/2020 Acceptance:02/19/2021

## Mobile Screening Unit (MSU) for the Implementation of the 'Screen and Treat' Programme for Cervical Cancer Prevention In Pune, India

Smita Joshi<sup>1\*</sup>, Richard Muwonge<sup>2</sup>, Vinay Kulkarni<sup>1</sup>, Eric Lucas<sup>2</sup>, Sanjeevani Kulkarni<sup>1</sup>, Seema Kand<sup>1</sup>, Mahesh Mandolkar<sup>1</sup>, Mufid Baig<sup>1</sup>, Sudhakar Wankhede<sup>1</sup>, Kavita Surwase<sup>1</sup>, Dilip Pardeshi<sup>1</sup>, Partha Basu<sup>2</sup>, Sankaranarayanan Rengaswamy<sup>3</sup>

#### Abstract

Objectives: We are reporting the evaluation of an opportunistic point of care cervical cancer screening initiative in Pune, India using a mobile screening unit (MSU). Methods: We conducted 290 cervical cancer screening outreach clinics in the MSU. Screening was performed by trained nurses/ health care providers using visual inspection with 5% acetic acid (VIA). Screen positive women when eligible were treated by thermal ablation during the same sitting. Women with large lesions not eligible for treatment with thermal ablation were referred for colposcopy and treatment. Results: A total of 10, 925 women were screened between Nov 2016 and June 2019 in 290 outreach clinics in the MSU. The overall screen positivity was 6.6% (95% CI 6.1, 7.0) with a declining trend over time. A total of 304/717 (42.4%, 95% CI 38.7, 46.1) women received treatment with thermal ablation. About 3.6% (11/304) reported minor side effects and 1.6% (5/304) reported lower abdominal pain and all of them subsided after treatment. Among the 413 women who were advised colposcopy, only 84 (20.33%) women underwent the procedure. Of these 84 women, 64 (76.19%) had normal colposcopy/ histopathology, 7 (8.33%) had CIN1, 2 (2.38%) had CIN 2, 9 (10.71%) had CIN 3 disease and 2 (2.38%) women were diagnosed with invasive cancer. Conclusion: MSUs are useful for providing cervical cancer screening services, using the 'screen and treat' strategy. Thermal ablation is safe in the field clinics. Additional efforts are needed to improve the compliance for referral of those with large lesions requiring additional visits.

Keywords: Mobile screening unit- cervical cancer- screening- thermal ablation

# Prayas, Amrita Clinic, Karve Road, Deccan Gymkhana, Pune - 411 004, India

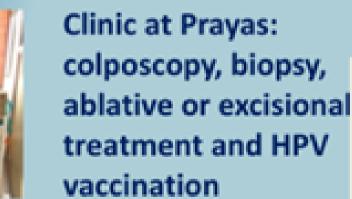


Email: preventcervicalcancer@gmail.com, Website: http://www.prayaspune.org

#### **Education and awareness**







# Mobile screening unit with facility for screening and thermal ablation







#### Screened > 15,000 women in the mobile unit

Research study: One of the largest cohorts of women living with HIV (n=1153) followed for 10 yrs

Screened over 1200 women living with HIV (Ca cx screening as a standard of care for women living with HIV

#### **Publications:**

Joshi S, Sankaranarayanan R, Muwonge R, et al. AIDS. 2013 Feb 20;27(4):607-15. doi: 10.1097/QAD.0b013e32835b1041.

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Joshi S, Kulkarni V, Gangakhedkar R, Sankaranarayanan R. Indian J Med Res. 2015 Nov;142(5):610-3. doi: 10.4103/0971-5916.171292.

Joshi S, Muwonge R, Kulkarni V, et al. Int J Cancer. 2018 Aug 22. doi: 10.1002/ijc.31826.

Programme leaders: Dr Smita Joshi, Dr Vinay Kulkarni, Dr Sanjeevani Kulkarni. We thank IARC (WHO) for the technical guidance. We sincerely thank all our donors and supporters.

# **Nag Foundation**

# Nag Foundation Activities for the period from Jan 2023 to June 2023



Aid to patients (Jan to June 2023)

(Herceptin/Radiation, Surgeries, Chemotherapy) – Rs. 15,95,662

**Awareness and Breast Screening Camps - 05** 

**Support group meetings - 07** 

A support group is a link between medical treatment and the need for emotional support. Resources are made available for patients, survivors and caregivers to help them understand their disease and its treatment. Emotional and psychological help makes the journey to wellness easy.

**Continuing Medical Education Programs CME (For Doctors and Nurses)** 

Continuing Medical Education Programs help those in the medical field maintain competence and learn about new and developing areas of their field. It helps professional upgrade their skills

**Total number of CMEs - 06** 

Survivorship programs are available for both patient and caregivers at the hospitals, (Sahyadri Superspeciality Hospitals at Hadpasar, Deccan and Shastrinagar) and Surya Sahyadri Hospital, Kasba Peth which the foundation is associated with. The much needed Survivorship program has been well received and has helped the patients and caregivers.

Palliative care is specialized medical care for people living with a serious illness, such as cancer, it also helps patients cope with side effects of cancer. Nag Foundation has initiated Palliative Care Services, supported by Live Life Love Life Charity Foundation













Do Good, Feel Good Inspiration Philanthropy is not about money, it's about feeling the pain of others and caring enough about their needs to help. Timothy Pina Now doing good is just one step away, online donations are accepted on our official website

Website Link : <a href="https://llllcf.org/">https://llllcf.org/</a>

Donation Link: https://llllcf.org/donation/

Email ID: info@llllcf.org

We are obliged!

Live Life Love Life Charity Foundation Team expresses gratitude to you for your support and donations.