



# Half yearly Newsletter

for the period from January 2021 to June 2021



- Praful Chandawarkar-



- Suraj Repe-

## **Joint note from Board members:**

**Live Life Love Life continues its fight against Cancer and Coronavirus. It gives us great pleasure to announce that we are helping Prayas Health Group launch India's first Colorectal screening program, which will also work as a research study. We would like to thank Swarovski India Pvt Ltd and Mr. Werner Ploner for supporting us by funding this drive. We have issued funds to Prayas Health Group for the 1st year of the Colorectal Screening project. The project was initiated in the last week of January 2021 and by the end of 30th June 2021, a total of 78 men and women aged 50 to 75 were screened using faecal occult blood test (FIT). Those who test positive for occult blood in the stool sample are referred to Dr. Lawate an expert and famous gastroenterologist in Pune who has kindly collaborated with Prayas in this effort and we will help fund the procedures.**

**Care India Medical Society reported 12 cancer patients and their treatment is done free of cost, as all of them come from lower income groups.**

**Prayas team screened 601 women for cervical cancer. Of these 601 women, 31 women have been treated with ablation and 10 women have undergone excisional treatment free of cost in this quarter.**

**Nag Foundation Aids with Herceptin drug and radiation for the treatment of cancer to all those patients who are under lower income group. The Best of MASCC (Multinational Association of Supportive Care in Cancer) conference was co-organized by IASCC and Nag Foundation. The Nag Foundation also runs the 'Mahatma Jyotiba Phule Jan Arogya Yojana Scheme' and the 'Ayushman Bharat Scheme' meant for patients below the poverty line & yellow ration cards.**

**Sassoon Covid 19 Hospital started treating Covid patients under newly constructed 11-storey building of State Run Sassoon General Hospital will function as a dedicated facility to treat patients diagnosed with Covid19 infection from Mar 2020.**

**Every year, we keep funds aside to assist and fund individual cases. This year, we funded patients from economically weaker backgrounds, for the treatment of Coronavirus and Cancer. We also raised funds to donate 5 oxygen Concentrators to Airport Rotary club which was further donated to PMC run hospitals.**

**We are in deep gratitude towards all our donors, who have come forward to generously donate for the treatment of Covid19.**



**CORONATION** Oxygen Concentrator

- Improve blood oxygen level
- PSA technology to separate oxygen from air
- Detoxify blood. Raise energy level
- Wheel-it-around Portable design
- Oil-free compressor Save 10% power energy

**TECHNICAL PARAMETERS:**  
 Continuous Working Time : 24 hours  
 Max. Flow : 5L/min  
 Oxygen Density : 93±3%  
 Dimensions : 430x310x560mm  
 Net Weight : 21Kgs

**Enkay** A QUALITY PRODUCT

www.enkayrubber.com



**Live Life Love Life Charity Foundation** has donated Oxygen Concentrators to the Airport Rotary Club which will be donated to PMC run hospitals.

They act by removing nitrogen (79 percent of atmospheric air) and producing 95 percent pure oxygen. They can run for 24 hours and need no refill.



**Oxygen Concentrators are the need of the hour!**  
**They improve blood oxygen levels & detoxify blood.**  
 To donate towards the cause log on [www.lillcf.org](http://www.lillcf.org)

# CIMS (Care India Medical Society)

REPORT ON CHEMO PATIENTS (BENEFICIARIES) MONTH OF JANUARY 2021 – JUNE 2021

## 1. Kalpana Padalkar



**Age : 54 years**

**Diagnosis : Ca Breast**

**She is a housewife having two sons. She stays in a village and belongs to a lower middle income group. Her husband works as a shop attendant and earns his living and is looking after her treatment. She has been diagnosed with Ca Breast and advised 12 cycles of Chemotherapy but then she took 4 cycles only. She has a good prognosis.**

**Contact No. : 7038203517 / 9175933365**

## 2. Moiz Bhopalwala



**Age : 68 years**

**Diagnosis : Ca Oesophagus**

**He is patient suffering from Ca Oesophagus. He has one son who is working. He belongs to a lower middle economic group. His son supports the house. He has been diagnosed with Ca Oesophagus and is undergoing treatment of 9 cycles of chemotherapy. He has good prognosis. If given proper treatment her quality of life will be improved.**

**Contact No. : 8208112660 / 9975416253**

### **3 Nanda Ghare**



**Age : 41 years**

**Diagnosis : Ca Breast**

**She is a housewife having 2 daughters both married. She lives in a non approved slum area and belongs to a lower income locality and is very needy. Her husband is a rickshaw driver. She has been diagnosed with Ca Breast and is undergoing treatment of Chemotherapy. She has been advised 4 cycles of Chemo for which she is dependent on her husband for treatment. If given proper treatment her quality of life may be improved. Her prognosis is good.**

**Contact No. : 8087225253 / 9921390061**

### **4. Mahendri Juneja**



**Age :72 years**

**Diagnosis : Ca Endometrium**

**She is a widow having two daughters both married. She belongs to a lower socio economic group. Her daughter looks after her treatment. She is undergoing treatment of chemotherapy and has been advised 4 cycles of chemo. She is in need of financial help for her treatment. If given proper treatment her quality of life may be improved. Her prognosis is good.**

**Contact No. 9075778422 / 9921971847**

## 5. Fatima Shaikh



Age : 43 years

Diagnosis :Ca Tongue

She is a patient suffering from Ca Tongue. She stays in a slum area and belongs to a very lower income group. She has been diagnosed with Ca Tongue and is undergoing treatment of chemotherapy and has to undergo 3 cycles of chemo. She herself works as a Domestic helper and earns her living. She is very needy patient. She has good prognosis.

Contact No. : 9325271068 / 9764119786

## 6. Swati Malviya



Age : 36 years

Diagnosis :Ca Breast

She is a housewife having one son 6 yrs old. She belongs to a lower middle income group. Her husband works in a call centre and support his daily needs. She has been diagnosed with Ca Breast and has to undergo 4 cycles of Chemotherapy. Her prognosis is good and her quality of life can be improved if given proper treatment.

Contact No. : 9604899451 / 9881698988

## 7. Lata Dustakar



Age : 65 years

Diagnosis : Ca Breast

**She is a housewife having two sons. She stays in a slum area and belongs to a lower middle income group. Her son works as a shop attendant and earns his living and is looking after her treatment. She has been diagnosed with Ca Breast and advised 12 cycles of Chemotherapy. She has a good prognosis.**

Contact No. : 7666698695 / 8459898132

## 8. Vidya Nalawade



Age : 56 years

Diagnosis : Ca Breast

She is a housewife having 2 children, one daughter and one son. She lives in a non approved slum area and belongs to a lower income locality and is very needy. Her son works as a field worker in a company and earns his living. She has been diagnosed with Ca Breast and is undergoing treatment of Chemotherapy. She has been advised 4 cycles of Chemo for which she is dependent on her son for treatment. If given proper treatment her quality of life may be improved. Her prognosis is good.

Contact No. : 9011697635 / 9022698279

## 9. Anusuya Khillare



Age : 38 years

Diagnosis : Ca Breast

She is patient suffering from Ca Breast. She has one daughter married and two sons who is working as Bigari Worker. She lives in a village and belongs to a lower middle economic group. Her son supports the house. She has been diagnosed with Ca Breast and is undergoing treatment of 12 cycles of chemotherapy. She has good prognosis. If given proper treatment her quality of life will be improved.

Contact No. : 9689055758 / 7378872907

## 10. Jayshree Dhayagave



Age :45 years

Diagnosis : Ca Breast

She is a housewife having one son. She stays in a village and belongs to a lower socio economic group. Her husband is a farmer and looks after her treatment. She has undergone 8 cycles of chemotherapy and has been advised 3 weekly maintenance regimen of Trastuzumab. She is in need of financial help for her treatment. If given proper treatment her quality of life may be improved. Her prognosis is good.

Contact No. 7875280439 / 8956865538



## 11. Sunita Kale



Age : 34 years

Diagnosis :Ca Cervix

**She is a patient suffering from Ca Cervix. She stays in a village and belongs to a very lower income group. She is undergoing treatment of chemotherapy and has to undergo 5 cycles of chemo. She has been separated from her husband and has two children both studying. She herself works in a farm and earns her living. She is very needy patient. She has good prognosis.**

Contact No. : 9765369856 / 9890012882

## 12. Manisha Kalyankar



Age : 46 years

Diagnosis :Ca Breast

**She is a housewife having two sons. She lives in a Mhada Flat and belongs to a lower middle income group. Her husband works in a laundry and supports his daily needs. She has been diagnosed with Ca Breast and has to undergo 12 cycles of Chemotherapy with Trastuzumab. Her prognosis is good and her quality of life can be improved if given proper treatment.**

Contact No. : 9011555652 / 9423774976


## Prayas - Highlights for Jan 2021 to June 2021

Cervical cancer screening and appropriate treatment of cervical precancer can prevent development of cervical cancer and thus save lives. Between Jan 2021 to March 2021, Prayas's team screened 447 women for cervical cancer. Of these 447 women, 31 women have been treated with ablation and 8 women have undergone excisional treatment free of cost. Due to the second wave of Covid-19 pandemic, we could not conduct screening camps during April and May 2021. We restarted the screening camps for cervical cancer from 21st June 2021. As of 30th June 2021, we screened 154 women for cervical cancer. Two women previously screened were treated with excisional treatment during this period at our clinic at Prayas.



**PRAYAS**  
Our resolve  
to prevent  
**Cancer!**

**Colorectal Cancer**  
can be prevented.



The screening test will be provided free of cost by our project to individuals aged 50 to 75.

**प्रयास**  
संच. अंश. शिरा अर्थ मंत्रालय  
www.prayas.org

Contact us - Prayas, Aarita Clinic,  
Athavale Corner, Karve Road,  
Deccan Gymkhana, Pune - 411004.  
Tel. : 81483 18477, 96378 32224  
Email : preventcancer@gmail.com  
Web : www.prayas.org

**SWAROVSKI**

**Live Life Love Life**  
Charity Foundation

Initiative supported financially by Swarovski  
and Live Life Love Life Charity Foundation

**प्रयास**  
**कॅन्सर**  
**रोखण्याचा!**

**मोठ्या आतड्याच्या कॅन्सरचा**  
**आपण प्रतिबंध करू शकतो.**



ख्वासादीवी लयासनी ५० ते ७५ वयोगडील व्यक्तींसाठी प्रयासच्या प्रकल्पामध्ये मोफत केली जात आहे.

**प्रयास**  
संच. अंश. शिरा अर्थ मंत्रालय  
www.prayas.org

संदर्भ : प्रयास, अरिता क्लिनिक, अथवले कॉर्नर,  
कार्वे रोड, देकन जिम्खाना, पुणे - ४११ ००४.  
फोन : ८१४८३ १८४७७ / ९६३७८ ३२२२४  
ई-मेल : preventcancer@gmail.com  
वेबसाईट : www.prayas.org

**SWAROVSKI**

**Live Life Love Life**  
Charity Foundation

स्वारावस्की आणि लिव लाव्ह लिव लाइव्ह  
चॅरिटी फाउंडेशन यांच्या देणगीतून



## **Staff training: Cervical, breast and colorectal cancer screening**



### **Colorectal cancer screening:**

**In India, colorectal cancer (CRC) incidence rates are on the rise over the last two decades. Most of the reported cases of cancers are diagnosed at very advanced stages when curative therapies are less effective. No organized screening program for colorectal cancer has been organized in India, although sporadic, opportunistic screening might occur in urban areas of the country. Given the increasing risk of CRC in India, there is a necessity to evaluate the feasibility and accuracy of CRC screening as a potential CRC prevention and control initiative in the country**

**With support from Swarovski and Live Life Love Life Charity Foundation, Prayas has initiated a pilot project for screening for colorectal cancer in Pune. The project was initiated in the last week of January 2021 and by the end of 30th June 2021, a total of 78 men and women aged 50 to 75 were screened using faecal occult blood test (FIT). Those who test positive for occult blood in the stool sample are referred to an expert gastroenterologist for colonoscopy.**



Prayas team published a paper in March 2021 in the Asian Pac J Cancer Prev. based on the work on cervical cancer prevention during consecutive three years (Nov 2016 and June 2019). The team conducted 290 cervical cancer screening outreach clinics in the Mobile Screening Unit (MSU). Screening was performed by trained nurses/ health care providers using visual inspection with 5% acetic acid (VIA). Screen positive women when eligible were treated by thermal ablation during the same sitting. Women with large lesions not eligible for treatment with thermal ablation were referred for colposcopy and treatment. A total of 10, 925 women were screened between in 290 outreach clinics in the MSU and 304 women received treatment.

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## RESEARCH ARTICLE

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Editorial Process: Submission:09/09/2020 Acceptance:02/19/2021

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### Mobile Screening Unit (MSU) for the Implementation of the 'Screen and Treat' Programme for Cervical Cancer Prevention In Pune, India

Smita Joshi<sup>1\*</sup>, Richard Muwonge<sup>2</sup>, Vinay Kulkarni<sup>1</sup>, Eric Lucas<sup>2</sup>, Sanjeevani Kulkarni<sup>1</sup>, Seema Kand<sup>1</sup>, Mahesh Mandolkar<sup>1</sup>, Mufid Baig<sup>1</sup>, Sudhakar Wankhede<sup>1</sup>, Kavita Surwase<sup>1</sup>, Dilip Pardeshi<sup>1</sup>, Partha Basu<sup>2</sup>, Sankaranarayanan Rengaswamy<sup>3</sup>

#### Abstract

**Objectives:** We are reporting the evaluation of an opportunistic point of care cervical cancer screening initiative in Pune, India using a mobile screening unit (MSU). **Methods:** We conducted 290 cervical cancer screening outreach clinics in the MSU. Screening was performed by trained nurses/ health care providers using visual inspection with 5% acetic acid (VIA). Screen positive women when eligible were treated by thermal ablation during the same sitting. Women with large lesions not eligible for treatment with thermal ablation were referred for colposcopy and treatment. **Results:** A total of 10, 925 women were screened between Nov 2016 and June 2019 in 290 outreach clinics in the MSU. The overall screen positivity was 6.6% (95% CI 6.1, 7.0) with a declining trend over time. A total of 304/717 (42.4%, 95% CI 38.7, 46.1) women received treatment with thermal ablation. About 3.6% (11/304) reported minor side effects and 1.6% (5/304) reported lower abdominal pain and all of them subsided after treatment. Among the 413 women who were advised colposcopy, only 84 (20.33%) women underwent the procedure. Of these 84 women, 64 (76.19%) had normal colposcopy/ histopathology, 7 (8.33%) had CIN1, 2 (2.38%) had CIN 2, 9 (10.71%) had CIN 3 disease and 2 (2.38%) women were diagnosed with invasive cancer. **Conclusion:** MSUs are useful for providing cervical cancer screening services, using the 'screen and treat' strategy. Thermal ablation is safe in the field clinics. Additional efforts are needed to improve the compliance for referral of those with large lesions requiring additional visits.

**Keywords:** Mobile screening unit- cervical cancer- screening- thermal ablation

**Prayas, Amrita Clinic, Karve Road, Deccan Gymkhana,  
Pune - 411 004, India**



**Email: [preventcervicalcancer@gmail.com](mailto:preventcervicalcancer@gmail.com), Website: <http://www.prayaspune.org>**

### Education and awareness



### Mobile screening unit with facility for screening and thermal ablation



**Clinic at Prayas:  
colposcopy, biopsy,  
ablative or excisional  
treatment and HPV  
vaccination**

### Screened > 15,000 women in the mobile unit

Research study: One of the largest cohorts of women living with HIV (n=1153) followed for 10 yrs

Screened over 1200 women living with HIV (Ca cx screening as a standard of care for women living with HIV)

#### Publications:

Joshi S, Sankaranarayanan R, Muwonge R, et al. *AIDS*. 2013 Feb 20;27(4):607-15. doi: 10.1097/QAD.0b013e32835b1041.

Joshi S, Babu JM, Jayalakshmi D, et al. *Vaccine*. 2014 Jan 4. pii: S0264-410X(13)01803-3. doi: 10.1016/j.vaccine.2013.12.060.

Joshi S, Kulkarni V, Darak T, et al. *Int J Womens Health*. 2015 May 4;7:477-83. doi: 10.2147/IJWH.S80624. eCollection 2015.

Joshi S, Kulkarni V, Gangakhedkar R, Sankaranarayanan R. *Indian J Med Res*. 2015 Nov;142(5):610-3. doi: 10.4103/0971-5916.171292.

Joshi S, Muwonge R, Kulkarni V, et al. *Int J Cancer*. 2018 Aug 22. doi: 10.1002/ijc.31826.

**Programme leaders: Dr Smita Joshi, Dr Vinay Kulkarni, Dr Sanjeevani Kulkarni. We thank IARC (WHO) for the technical guidance. We sincerely thank all our donors and supporters.**

# **Nag Foundation**

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## **Nag Foundation Activities for the period from Jan 2021 to June 2021**

**Awareness Program- 01(on 8th march 2021 for Women's Day)**

**Patient Aid (January to March 2021)**

**Aid to patients for Herceptin/Radiation – Rs 89,595.00**

**Patient Aid ( April to June 2021)**

**Aid to patients for Herceptin/Radiation - Rs 187066.00**

**Total Herceptin Vials - 17**

**Expressive Art Therapy for Day Care Chemo Patients is conducted regularly**

**Survivor Support Group Meetings - 02 In Person**

**- 03 Virtual Meetings**

**Continuing Medical Training Programs -05**



Do Good, Feel Good Inspiration Philanthropy is not about money, it's about feeling the pain of others and caring enough about their needs to help. Timothy Pina Now doing good is just one step away, online donations are accepted on our official website

Website Link : <http://www.llllcf.org>

Donation Link : <http://www.llllcf.org/volunteer.html>

We are obliged!

Live Life Love Life Charity Foundation Team expresses gratitude to you for your support and donations.